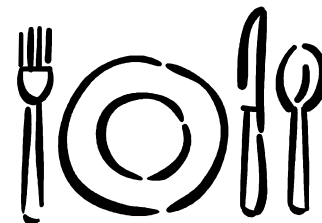


Barnham Broom Primary School Lunch Menu WEEK 3



W/C - 6/5, 3/6, 24/6, 15/7

Day/Option	Option 1	Option 2	Option 3	Option 4
Mon Dessert: Oaty bars	Carbornara pasta with Sweetcorn, coleslaw and salad	Home made Cheese & tomato pizza with Sweetcorn, Coleslaw and salad	Jacket potato and salad with cheese or tuna	Homemade bread roll filled with cheese, egg, tuna or ham
Tues Dessert: Vanilla ice-cream pot & fruit slices	Homemade sausage roll with potato dice, peas and beans	Cheese pinwheels with potato dice, peas and beans	Jacket potato and salad with beans or ham	Wrap filled with cheese, egg or ham
Wed Dessert: Cheese & crackers with fruit wedges	Pork loin steaks with mashed potatoes, and seasonal vegetables	Quorn sausage with mashed potatoes, and seasonal vegetables	Jacket potato and salad with ham or coleslaw	Rustic bread with jam, cheese, or tuna
Thurs Dessert: Chocolate & orange pud with choc sauce (made with cocoa not chocolate)	Baked battered chicken with stir fry vegetables, rice and sweet & sour sauce	Baked Quorn dippers with stir fry vegetables, rice and sweet & sour sauce	Jacket potato and salad with chicken mayo or cheese	Pitta bread filled with cheese, ham, egg or tuna
Fri Dessert: Jam tart slice	Baked Fish fingers with chips, peas and spaghetti hoops	Baked Veggie nuggets with chips, peas and spaghetti hoops	Jacket potato and salad with cheese or spaghetti hoops	Homemade bread roll filled with cheese, egg, tuna or ham

ALL MEALS COOKED WITH FRESH MEAT FROM A LOCAL BUTCHER, SALAD ALSO AVAILABLE. FRESH FRUIT OR YOGHURT ARE PROVIDED AS AN ALTERNATIVE DESSERT TO THE DAILY SPECIALS. OPTION 4 IS SERVED WITH SALAD, A PIECE OF FRUIT, A DRINK AND A CHOICE OF DESSERT

Food Allergies and Intolerances:

Please ask a member of the kitchen staff if you require information on the ingredients in the food we serve.